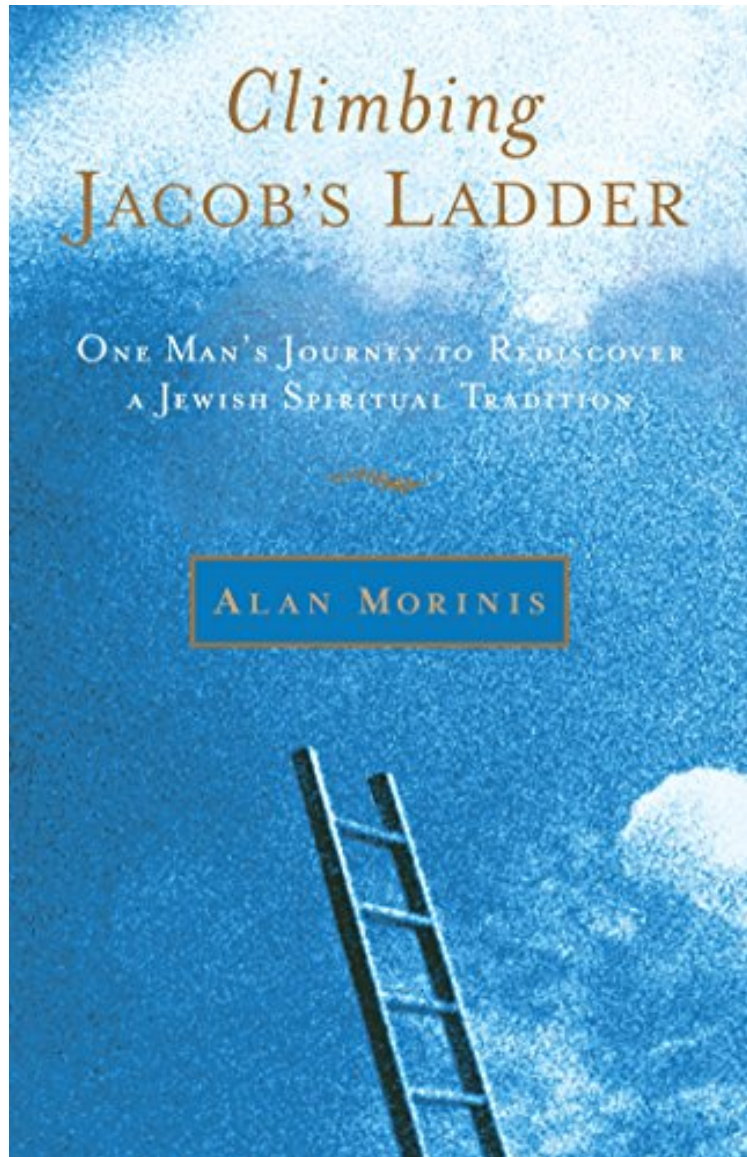


[Mobile book] Climbing Jacob's Ladder: One Man's Journey to Rediscover a Jewish Spiritual Tradition

Climbing Jacob's Ladder: One Man's Journey to Rediscover a Jewish Spiritual Tradition

Von Alan Morinis

audiobook / *ebooks / Download PDF / ePub / DOC



DOWNLOAD



+

READ ONLINE

Produktinformation -Verkaufsrang: #1406592 in eBooksVerffentlicht am: 2007-05-08Erscheinungsdatum: 2007-05-08File Name: B00BIO54DK | File size: 43.Mb

Von Alan Morinis : Climbing Jacob's Ladder: One Man's Journey to Rediscover a Jewish Spiritual Tradition before purchasing it in order to gage whether or not it would be worth my time, and all praised Climbing Jacob's Ladder: One Man's Journey to Rediscover a Jewish Spiritual Tradition:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Very

readable and highly personal introduction to a treasure of Jewish wisdom Von Hanno Scholtz This is a very readable and highly personal introduction to Mussar, one of the treasures of Jewish wisdom. I contemplated about giving only four stars because I was first a bit irritated by the fact that Morinis starts very autobiographically into his own rediscovery journey. But on second thought, this is a correct, maybe even the correct didactic concept, since applying Mussar is highly personal in any case. The topic would allow for a much thicker volume, but as first introduction, both for bedside reading and for more intense study, it is a perfect introduction.

Kurzbeschreibung Jewish by birth, though from a secular family, Alan Morinis explored Hinduism and Buddhism as a young man. But in 1997, in the face of personal crisis, he turned to his Jewish heritage for guidance. In his reading he happened upon a Jewish spiritual tradition called Mussar. Gradually he realized that he had stumbled upon an insightful discipline for self-development, complete with meditative, contemplative, and other well-developed transformative practices designed to penetrate the deepest roots of the inner life. Eventually reaching the limits of what he could learn on his own, he decided to seek out a Mussar teacher. This was not an easy task, since almost the entire world of the Mussar tradition had been wiped out in the Holocaust. In time, he found an accomplished master who stood in an unbroken line of transmission of the Mussar tradition, and who lived in the center of a community of Orthodox Jews on Long Island. This book tells the story of Morinis journey to meet his teacher and what he learned from him, revealing the central teachings and practices that are the spiritual treasury and legacy of Mussar. To learn more about the author, Alan Morinis, go to www.mussarinstitute.org.de How can a person be generous to the poor when his own bank account is almost empty? Mussar, a thousand-year-old Jewish spiritual tradition, offers answers to this and many other questions regarding the distance between religious ideals and everyday realities, as Alan Morinis explains in *Climbing Jacob's Ladder*. Morinis, a Canadian baby boomer who grew up to become a Rhodes Scholar, anthropologist, and film producer, discovered Mussar teachings at the low point of his midlife crisis. After he made some high-flying business deals that crashed, Morinis found reassurance in the Mussar idea that human life is holy and people can improve themselves. And Mussar, a system of ethical discipline conceived by Orthodox Jews to help them meet the demanding requirements of observant life, does seem perfectly designed for readers seeking step-by-step instruction for building or rebuilding their spiritual lives. In *Climbing Jacob's Ladder* Morinis tells the story of how he used Mussar to climb back up to holy life and invites readers to come along on his ascent. --Michael Joseph Gross *Pressestimmen* *Climbing Jacobs Ladder* is a gutsy, glowing account of one mans encounter with a potent spiritual practice and how it transformed his life. This is a precious book that rare combination of solid wisdom and good literature. Larry Dossey, M.D., author of *Healing Beyond the Body* *Climbing Jacobs Ladder* is a compelling story of spiritual discovery and initiation. In a field full of sentimentality, perfectionism, and spiritual ambition, this tale of personal liberation focuses on no-nonsense lessons in rising out of meaninglessness and spiritual fog. Thomas Moore, author of *Care of the Soul* and *The Souls Religion* Alan Morinis, in his spiritual journey, has struck a rich vein of Judaism. This offering feels like a heart-gift to us. Ram Dass, author of *Still Here* Alan Morinis has provided us with a fascinating, deeply personal account of his journey back to Jewish spirituality through an encounter with the little-known heritage of Mussar, the Jewish discipline of self-perfection. This is a beautifully written and engaging book, a timely reminder that by changing ourselves we can begin to change the world. Rabbi Dr. Jonathan Sacks, Chief Rabbi of Britain and the Commonwealth